### Rice Lake Digital Health Scale (RL-440HH)

# **Operation Instructions**

PN 112566

The Rice Lake Digital Health Scale is a lightweight, easy to use scale. It is accurate, sturdy and safe for use for all home based patients or individual use.



This manual can be viewed and downloaded from the Rice Lake Weighing Systems web site at www.ricelake.com/health. Rice Lake Weighing Systems is an ISO 9001 registered company.



Figure 1. Digital Health Scale

With the Rice Lake Digital Health Scale, there are certain precautions that should be taken to prevent personal injury to the user and damage to your scale. Please follow these instructions carefully;

- Do not attempt to transport the scale while someone is standing on it.
- Do not drop the scale or subject it to violent shocks.
- For accurate weighing, the scale must be placed on a flat, stable surface.
- Weight exceeding the maximum capacity (440 lb/200 kg/32st:6lb) may damage your scale.
- This scale is designed for personal use only and not designed for commercial/industrial use.
- The scale is not waterproof so avoid contact with excessive moisture.

## **Scale Setup and Use**

Use the following steps to set up the Rice Lake Digital Health Scale.

- 1. Remove the ready assembled scale out of its packaging.
- 2. Remove the red tab from the battery compartment before use.
- 3. Choose pounds (lb), kilograms (kg) or stone pound (st-lb) using the selector switch located on the back of the scale.

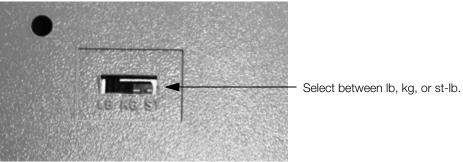


Figure 2. Selection Switch on Back of Health Scale

- 4. Place the scale on a flat surface. Placing the scale on a soft, deep pile rug may affect the weighing accuracy.
- 5. Before each weighing, tap on the lower corner of the scale to turn scale on. The scale will display - - , then 0.0. Do not step on the scale before 0.0 appears, otherwise EE will be displayed.
- 6. Step on the scale and position your feet in a manner that will distribute your weight evenly over the entire scale platform. The LCD display will flash - - several times for approximately three seconds before displaying the weight. Stand still while reading the display.

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If EE is displayed, it may have exceeded the maximum capacity of the scale or the person is moving on the scale and it is not able to get a stable reading. This will happen after approximately five seconds.

7. Your weight will continue to display for a few seconds and then turn off automatically.

### **Battery Replacement**

This scale includes one CR-2032 long-life, 3-volt Lithium battery. When LO appears on the digital display, replace the battery. Use the following steps to replace the battery.

1. Locate the battery cover on the back of the scale.

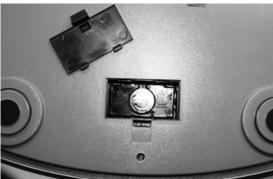


Figure 3. Battery Compartment

- 2. Open the compartment by pushing the locking tab and pulling the cover up.
- 3. Push the small silver tab away from the battery to loosen the battery. Hold the scale at an angle to allow the battery to drop.
- 4. Insert a new battery, pressing it firmly into the slot.
- 5. Replace the battery cover.

#### **Scale Care**

Periodically wipe the scale surface down with a dry cloth to remove any dust.

## **Limited Warranty**

Rice Lake Weighing Systems (RLWS) warrants that all RLWS equipment will operate per written specifications as confirmed by the Distributor/OEM and accepted by RLWS. All systems and components are warranted against defects in materials and workmanship for one (1) year.

RLWS warrants that the equipment sold hereunder will conform to the current written specifications authorized by RLWS. RLWS warrants the equipment against faulty workmanship and defective materials. If any equipment fails to conform to these warranties, RLWS will, at its option, repair or replace such goods returned within the warranty period subject to the following conditions:

- Upon discovery by Buyer of such nonconformity, RLWS will be given prompt written notice with a detailed explanation of the alleged deficiencies.
- Examination of such equipment by RLWS confirms that the nonconformity actually exists, and was not caused by accident, misuse, neglect, alteration, improper installation, improper repair or improper testing; RLWS shall be the sole judge of all alleged non-conformities.
- Such equipment has not been modified, altered, or changed by any person other than RLWS or its duly authorized repair agents.
- RLWS will have a reasonable time to repair or replace the defective equipment. Buyer is responsible for shipping charges both ways.

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