

BenchMark[®] HE-X

Hostile Environment Extreme Bench Scales

Technical Manual



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Revision History

This section tracks and describes manual revisions for awareness of major updates.

Revision	Date	Description
B	October 16, 2025	Established revision history; updated certifications
C	June 30, 2026	Removed replacement parts

Table i. Revision Letter History



Technical training seminars are available through Rice Lake Weighing Systems. Course descriptions and dates can be viewed at www.ricelake.com/training or obtained by calling 715-234-9171 and asking for the training department.

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Rice Lake continually offers web-based video training on a growing selection of product-related topics at no cost. Visit www.ricelake.com/webinars

1.0 Introduction

This manual provides reference information to install and wire the BenchMark HE-X Hostile Environment Extreme Bench Scale.



Manuals are available from Rice Lake Weighing Systems at www.ricelake.com/manuals

Warranty information is available at www.ricelake.com/warranties

1.1 Safety

Safety Definitions:



DANGER: Indicates an imminently hazardous situation that, if not avoided, will result in death or serious injury. Includes hazards that are exposed when guards are removed.



WARNING: Indicates a potentially hazardous situation that, if not avoided, could result in serious injury or death. Includes hazards that are exposed when guards are removed.



CAUTION: Indicates a potentially hazardous situation that, if not avoided, could result in minor or moderate injury.



IMPORTANT: Indicates information about procedures that, if not observed, could result in damage to equipment or corruption to and loss of data.

General Safety



Do not operate or work on this equipment unless this manual has been read and all instructions are understood. Failure to follow the instructions or heed the warnings could result in injury or death. Contact any Rice Lake Weighing Systems dealer for replacement manuals.



WARNING

Failure to heed could result in serious injury or death.

Do not allow minors (children) or inexperienced persons to operate this unit.

Do not operate without all shields and guards in place.

Do not jump on the scale.

Do not use for purposes other than weight taking.

Do not place fingers into slots or possible pinch points.

Do not use any load bearing component that is worn beyond 5% of the original dimension.

Do not use this product if any of the components are cracked.

Do not exceed the rated load limit of the unit.

Do not make alterations or modifications to the unit.

Do not remove or obscure warning labels.

Before opening the unit, ensure the power cord is disconnected from the outlet.

Keep hands and feet away from moving parts.

2.0 Installation

This section provides an overview of the BenchMark HE-X installation procedure and grounding information.

2.1 Unpacking

Immediately after unpacking, visually inspect the scale to ensure that the unit is undamaged. The shipping carton should contain the bench scale and this manual. If the bench scale was damaged in shipment, notify Rice Lake Weighing Systems and the shipper immediately.

2.2 Leveling the Scale

1. Place the scale in the desired location that is reasonably level and free of unnecessary vibrations and air currents.
2. Lift off the scale top cover and locate the level bubble.
3. Adjust the four corner feet on the scale base until the level bubble and all feet contact the support surface so the scale does not rock.
4. Lock the jam nuts on the feet when the final level is correct.

2.3 Connecting the Load Cell Cable

All models come with 10' color-coded load cell cable.



IMPORTANT: Do not cut this cable. Cutting this cable voids the warranty.



NOTE: See the indicator manual to determine the proper load cell cable input connector. Use the following color codes to wire the load cell cable to the indicator.

Color Code	Function
Green	+ Excitation
Black	- Excitation
White	+ Signal
Red	- Signal
Yellow	Shield
Blue	+ Sense
Brown	- Sense

Table 2-1. Load Cell Wiring - 6 Wire



NOTE: Connect Sense and Excitation wires together if using 4-wire system without sense leads.

2.4 Grounding the Scale Base

BenchMark HE-X can build up a static electricity charge during weighing operations. If powerful enough, the charge can travel through the load cell cable to the indicator. The unit should be adequately grounded so static charges and transient electrical surges can drain directly to the ground. It is recommended to connect the scale base to an AC ground circuit using at least #12 ga. wire. The BenchMark HE-X has a grounding hole for a grounding screw located on the bottom of the lower frame.

2.5 Calibration

It is recommended that the scale be exercised by loading it to near capacity two or three times before calibration to ensure everything is seated. See the specific indicator manual for the proper calibration procedure.

To calibrate, see the following procedure:

1. With no load on scale, place the indicator in its calibration mode and perform a zero calibration.
2. Place certified calibration weights on platform equal to 70%–100% of scale's capacity. If several weights are used, distribute them evenly around the platform.
3. Perform a calibration.
4. Remove certified calibration weights and check the zero reading. If necessary, repeat the calibration process.



NOTE: See the indicator manual for the specific indicator calibration procedure.

2.6 Overload Stop Adjustment

The scale contains an overload protection screw on the bottom of the scale underneath the load cell and overload protection stops in the four corners.

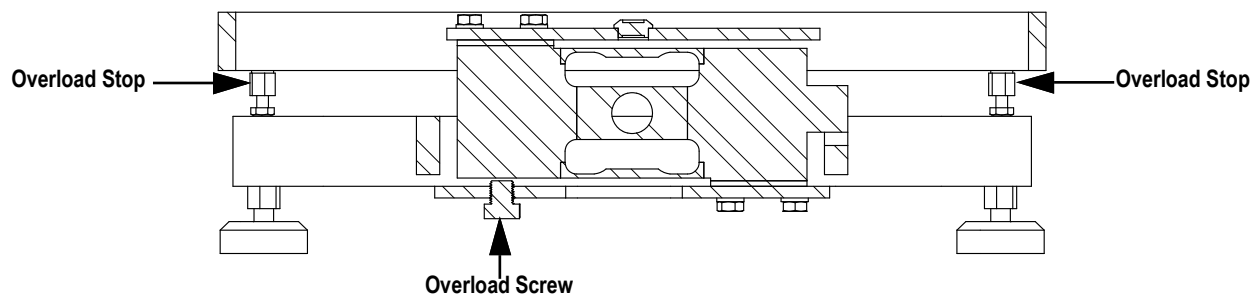


Figure 2-1. Overload Protection

1. To check or set the overload screw underneath the load cell, place 125% of capacity on the center of the scale.
2. Using the appropriate hex wrench, screw in the overload protection until it touches the load cell then back it off 1/6 turn.
3. Recheck calibration.
4. To check or set the corner overload stops, load the scale corner with 30% of scale capacity then adjust the screw under that corner to just touch the top frame then tighten the locking nut if one is used.



IMPORTANT: If no locking nut is used, apply a drop of an industrial sealing agent to seal threads.

5. Repeat this process for each corner.



NOTE: Ensure the load cell is not touching the overload protection screw below the load cell with the load on the corner.

3.0 Appendix

This section provides additional information about the BenchMark HE-X.

3.1 Options

Optional ball transfer, roller conveyor tops and custom height columns for attaching indicators to the scale are available. Consult the factory for available options.

3.2 Troubleshooting

For troubleshooting details, see the following information:

Issue	Cause	Solution
No display on indicator	Power disconnected	Connect power
	Cable cut or disconnected	Repair cable
	Signal leads incorrectly wired at indicator	Connect according to the manual
Indicator display remains at zero	Incorrect load cell cable connections	
	Faulty indicator	Service indicator
Erratic weight displays on indicator	Vibration near the scale	Remove the source of the vibration or adjust digital filtering of indicator to minimize erratic display
	Scale not level	Level the scale
	Water damage to the load cell or cable	Replace the load cell
	Faulty indicator	Service the indicator
	Loose load cell screws	Tighten to correct torque
	Faulty load cell	Test and replace if necessary
Consistently low weight	Indicator not properly adjusted to zero	Zero indicator correctly
	Scale cover binding	Obtain adequate clearance
	Overload stops set too high	Reset the stops correctly
	Indicator not calibrated for scale	Calibrate the scale
	Faulty load cell	Test and replace if necessary

Table 3-1. Troubleshooting

3.3 Dimensions

For BenchMark HE-X dimensions see the following information:

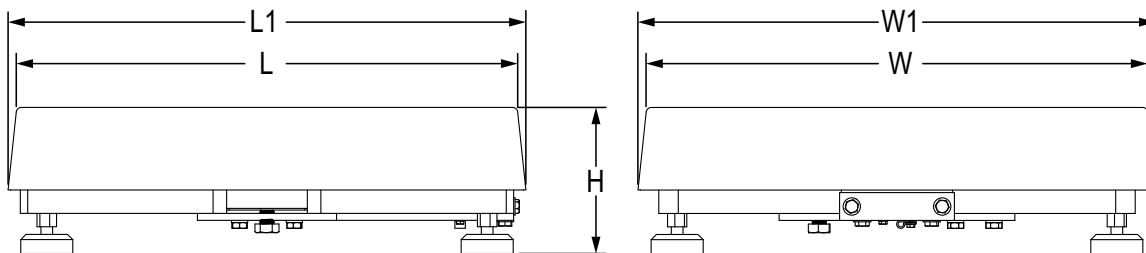


Figure 3-1. Dimensions

Capacity	Product Dimensions (L x W x H)	L1	W1
50 lb (25 kg)	12" x 18" x 5.25" (305 mm x 457 mm x 133 mm)	12.50" (318 mm)	18.50" (470 mm)
100 lb (50 kg)			
50 lb (25 kg)	18" x 18" x 5.25" (457 mm x 457 mm x 133 mm)	18.75" (476 mm)	18.75" (476 mm)
100 lb (50 kg)			
150 lb (75 kg)			
200 lb (100 kg)			
250 lb (125 kg)			
300 lb (150 kg)			
500 lb (250 kg)			
1000 lb (500 kg)			
50 lb (25 kg)	18" x 24" x 5.25" (457 mm x 610 mm x 133 mm)	18.75" (476 mm)	24.75" (610 mm)
100 lb (50 kg)			
150 lb (75 kg)			
200 lb (100 kg)			
250 lb (125 kg)			
300 lb (150 kg)			
500 lb (250 kg)			
1000 lb (500 kg)			
50 lb (25 kg)	24" x 24" x 5.25" (610 mm x 610 mm x 133 mm)	24.75" (610 mm)	24.75" (610 mm)
100 lb (50 kg)			
200 lb (100 kg)			
250 lb (125 kg)			
300 lb (150 kg)			
500 lb (250 kg)			
1000 lb (500 kg)			

Table 3-2. Dimensions and Capacities

3.4 Load Cell Replacement

Use the following steps to replace load cells:

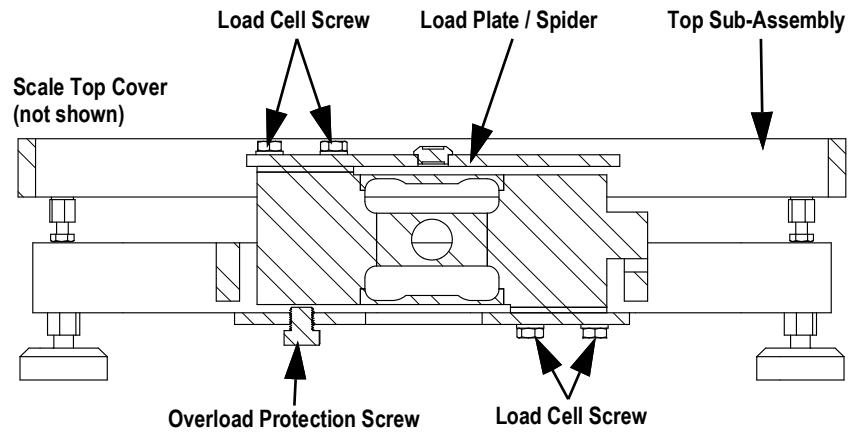


Figure 3-2. Load Cell Mount Diagram

1. Unplug AC power from indicator and disconnect load cell cable from indicator.
2. Lift off the scale top.
3. Remove the four upper load cell screws with a wrench.
4. Lift off scale top sub-assembly.
5. Remove the four lower load cell screws with a wrench.
6. The load cell and cable can now be removed from scale.
7. Thread cable of replacement load cell through the scale frame as the unit arrived.
8. Position load cell on shim and screw in four lower load cell screws. Torque to 221 in-lb.
9. Place scale top sub-assembly into position.
10. Screw in four upper load cell screws. Torque to 221 in-lb.
11. Connect load cell cable to indicator.
12. Recalibrate scale ([Section 2.5 on page 7](#)).
13. Adjust overload protection ([Section 2.6 on page 7](#)).

4.0 Specifications

Load Cell

IP69K stainless steel, hermetically sealed

Available Sizes

12" x 18", 18" x 18", 18" x 24", 24" x 24"

Rated Output

0.91 mV/V

Maximum Overload

150 – 200% (capacity dependent)

Overload Protection

Five point, independently adjusted

Cable Length

10' (3 m) – 6 wire shielded

Output Impedance

1000 Ω nominal

Compensated Temperature Range

14°F – 104°F (-10°C – 40°C)

Safe Temperature Range

0°F – 150°F (-18°C – 65°C)

Certifications and Approvals



Load cell is FM approved



NSF

CoC Number: 4S430-169



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